**Criteria for Certification, Finland**

<http://www.psyli.fi/tietoa_psykologeista/urheilupsykologian_sertifikaatit/kriteerit>

Criteria for licensing certificates by the Certification Committee are as follows:

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|  | **For licensed psychologists** | **For others** |
| Certification | Sport and Exercise Psychologist (cert.) | Certification for Mental Coaching in Sport and Promotion of Physical Activity (UPV cert.) |
| Basic Education | Master’s Degree in Psychology | Applicable Academic Education (Master’s Level). Described in the Application Form and CV. |
| Work Experience | At least 300 hours of supervised work during the past two (2) years within Sport and Exercise Psychology and/ or within Mental Coaching affairs.Includes 30 hours of supervised contact guidance and counselling, from of which at least 20 hours is one-to one-supervision, group supervision is recognized up to 10 hours. | At least 300 hours of supervised work during the past two (2) years within Sport and Exercise Psychology and/ or within Mental Coaching affairs.Includes 30 hours of supervised contact guidance and counselling, from of which at least 20 hours is one-to one-supervision, group supervision is recognized up to 10 hours. |
| Clinical Supervision/ Professional GuidanceFurther Education | Above-mentioned Counsellor must be acknowledged by the Certification Committee.Requires completed Studies in the Field of Sport and Exercise Psychology and Sport Sciences, which supplement the previous master’s level studies. At least 15 ECTS. Studies must be verified in the Portfolio: where and when completed,extent, course content and the Educator.Further Education must be science or evidence informed. | Above-mentioned Counsellor must be acknowledged by the Certification Committee.Requires completed Studies in the Field of Psychology, Sport and Exercise Psychology or Sport Sciences, which supplement the previous master’s level studies. At least 15 ECTS.Studies must be verified in the Portfolio: where and when completed,extent, course content and the Educator.Further Education must be science or evidence informed. |
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| Signed Commitment | A personally signed commitment to agree to the Professional Ethics of The Finnish Psychological Association ([PSYLI](https://www.psyli.fi/neuvoja-ja-ohjeita/psykologin-ammatillinen-tyoskentely/ammattietiikka/)).The applicant has to commit to express his own professional limitations and accountability (e.g. has to explain to the clients his own qualifications and experience in the field of Sport and Exercise Psychology). | A personally signed commitment to agree the Professional Ethics of The Finnish Sport Psychological Association ([SUPY](http://supy.org/wordpress_9/fi/yhdistys/ammattieettiset-saannot/)).The applicant has to commit to express his own professional limitations and accountability (e.g. has to explain to the clients his own qualifications and experience in the field of Sport and Exercise Psychology). |
| Renewing of the Certificate | The certificate is valid for five (5) years. After this period, one can apply for renewal. At that time, the person must prove his/ her commitment to maintain his/ her professional skills in the field (e.g. one has participated Internationally and/ or attended National congresses and/ or seminars regarding the field of Sport and Exercise Psychology and he/ she is still operating in the applied field. | The certificate is valid for five (5) years. After this period, one can apply for renewal. At that time the person must prove his/ her commitment to maintain his/ her professional skills in the field (e.g. one has participated Internationally and/ or attended National congresses and/ or seminars regarding the field of Sport and Exercise Psychology and he/ she is still operating in the applied field. |